



Preventing malnutrition in elderly citizens

Science meets Regions

Aarhus University

29th October 2019

8.30 **Registration**

9.00 **Welcome**

Moderator – Trine Sick

9.10 **Setting the scene**

Regional perspective, Anders Kühnau, President of Central Denmark Region
Scientific perspective, Brian Bech Nielsen, Rector at Aarhus University

9.25 **Malnutrition among elderly - A Societal Challenge at EU-level**

Joint Research Center

9.40 **Health economics at malnutrition among elderly citizens**

Kjeld Møller Pedersen, MSc econ., Professor, The University
of Southern Denmark

10.00 **State-of-the-Art: Undernutrition in elderly citizens**

Jette Lindegaard Pedersen, Nurse, MHSc, PhD, Aarhus University Hospital

10.20 **Break**

10.40 **Food intake**

Meal passage

Siri Beier Jensen, Head of Department, Department of Dentistry and Oral
Health, Aarhus University

Meal Quality

Barbera Vad Andersen, Post Doc, Department of Food Science, Aarhus
University

Mealtime Experience (moderated panel discussion)

Susanne Højlund Pedersen, Associate professor, Department of Anthropology,
Aarhus University

Pia Søre Jensen, PhD, MSH, Danish Society for Clinical Nutrition



11.40 **Inspiration from the Nutritional Hospital – making a difference in food and nutrition**

Menrike Menkveld-Beukers, Director Nutrition & Healthcare Alliance, Wageningen/Ede, Foodvalley Region

12.00 **Lunch**

12.45 **Organization and planning of patient/citizen care**

Early detection and nutrition screening

Mette Holst, PhD, Aalborg University Hospital

Nutritional intervention

Lone Viggers, Head of Department, Department of Nutrition, Regional Hospital Holstebro

Sector transitions and documentation

Anne Marie Beck, Docent, Ph.D., University College Copenhagen
Christian Lodberg Hvas, Chief Physician, Aarhus University Hospital

13.50 **Introduction to Break-out sessions**

14.10 **Break-out sessions**

Discussion of cases and recommendations

15.20 **Flavour perception and eating behaviour** – showcase

Qian Janice Wang, Assistant Professor, Department of Food Science, Aarhus University

15.40 **Discussion of recommendations** – from break-out sessions

16:00 **Science meets Politics**

Researchers and politicians debate the outcome of the conference

16.30 **Networking snacks**

