

## We can do better

Maintenance treatment for heroin addiction was originally conceived of as a comprehensive treatment consisting of a combination of medication and psychosocial interventions: focus was on drug counseling and medical, psychiatric and socioeconomic problems.

In the Nordic countries, we have now over 40 years experience of maintenance treatment, with a high variation of treatment protocols, as research findings have been implemented differently in different cultural settings

## Time to act

The Delphi Panel 2012 is discussing the following topics of highest priority regarding the current situation in the Nordic countries.

The Delphi-name refers to the Delphi method, which is a structured communication technique, originally developed as a systematic, interactive forecasting method based on a series of written discussions in a panel of experts.

- Medicalization
- Integration of Psychiatry
- Rehabilitation
- Levels of Function/Involvement by Primary Health Care
- High Thresholds
- Cost-Benefit
- Increasing Access
- Methadone Mortality
- Evidence-based Medicine: Users' Perspective(s)
- Operational Definition of Inclusion Criteria

Establish a **Nordic consensus**  
that can be a platform  
for shared best-practices

### PROGRAMME

Delphi Chairman: Dr. Johan Kakko

## Monday, September 17

10.00 am - 11.00 am  
**Registration**

11.00 am - 11.15 am [ Lumbye Auditorium ]  
**Opening Remarks**  
Professor Jes Sjøgaard, Denmark

11.15 am - 12.00 noon [ Lumbye Auditorium ]  
**The Nordic Opioid Misuse Treatment  
Seen from an European Point of View**  
Professor Dr. Gabrielle Fischer, Austria

12.00 noon - 12.30 pm [ Lumbye Auditorium ]  
**Introduction to The Delphi Method**  
Chairman, Dr. Johan Kakko, Sweden

12.30 pm - 1.30 pm  
**Lunch**

1.30 pm - 2.00 pm [ Lumbye Auditorium ]  
**Presentation of the 10 Questions  
in the Nordic Delphi Process Regarding  
Opioid Misuse and Treatment**  
Chairman of The Nordic Delphi Process,  
Dr. Johan Kakko, Sweden

2.00 pm - 2.15 pm  
**Short break**

2.15 pm - 3.00 pm  
**National Workshops**  
Facilitated by the National Delphi Process Chairmen

Finland	[ Divanen ]
Norway	[ Dansetten ]
Sweden	[ Paafuglen & Tulipanen ]
Denmark	[ Kastanjen & Guldkareten ]

3.00 pm - 3.30 pm  
**Coffee break**

## RETHINK

*The 6th Nordic  
Opioid Addiction Treatment  
Conference*

3.30 pm - 4.15 pm [ Lumbye Auditorium ]  
**National Workshops Continued**

4.15 pm - 4.30 pm  
**Short break**

4.30 pm - 5.00 pm [ Lumbye Auditorium ]  
**Reports from the 4  
National Workshops**

7.00 pm - [ Harlekin ] and [ Columbine ]  
**Dinner**

## Tuesday, September 18

9.00 am - 10.30 am [ Lumbye Auditorium ]  
**Presentation of Consensus**  
Chairman of The Nordic Delphi Process,  
Dr. Johan Kakko, Sweden,  
and the Nordic Delphi Panel

10.30 am - 11.00 pm  
**Coffee break**

11.00 am - 11.30 am [ Lumbye Auditorium ]  
**Feedback from the  
Independent Monitor**  
Professor Sharon Walsh,  
University of Kentucky, USA

11.30 am - 12.00 noon [ Lumbye Auditorium ]  
**Closing Remarks**  
Chairman Dr. Johan Kakko and  
professor Jes Sjøgaard

12.00 noon -  
**Lunch**

**Participate**  
in the cross-  
functional **Nordic**  
**conference**  
on future  
treatment and  
management of  
opioid addiction.

Discussions will  
be based on a  
Delphi study  
performed by **12**  
**Nordic experts.**  
Focus will be  
both regional and  
on the individual  
countries.



**Challenging**  
current  
**Scientific**  
& Social  
**thinking**

The 6th Nordic  
Opioid Addiction Treatment  
Conference

**VENUE:**  
Tivoli Hotel  
Copenhagen, Denmark

**DELPHI CHAIRMAN:**  
Dr. Johan Kakko  
Addiction Center Stockholm  
Sweden

[www.6thNordic.com](http://www.6thNordic.com)



The 6th Nordic Opioid Addiction Treatment Conference  
is financially supported by Reckitt Benckiser Pharmaceuticals Nordics

**RETHINK**

*The 6th Nordic  
Opioid Addiction Treatment  
Conference*

**17 & 18 September 2012**  
**Copenhagen, Denmark**

**Be**  
part of  
the  
**change**

**PROGRAMME**